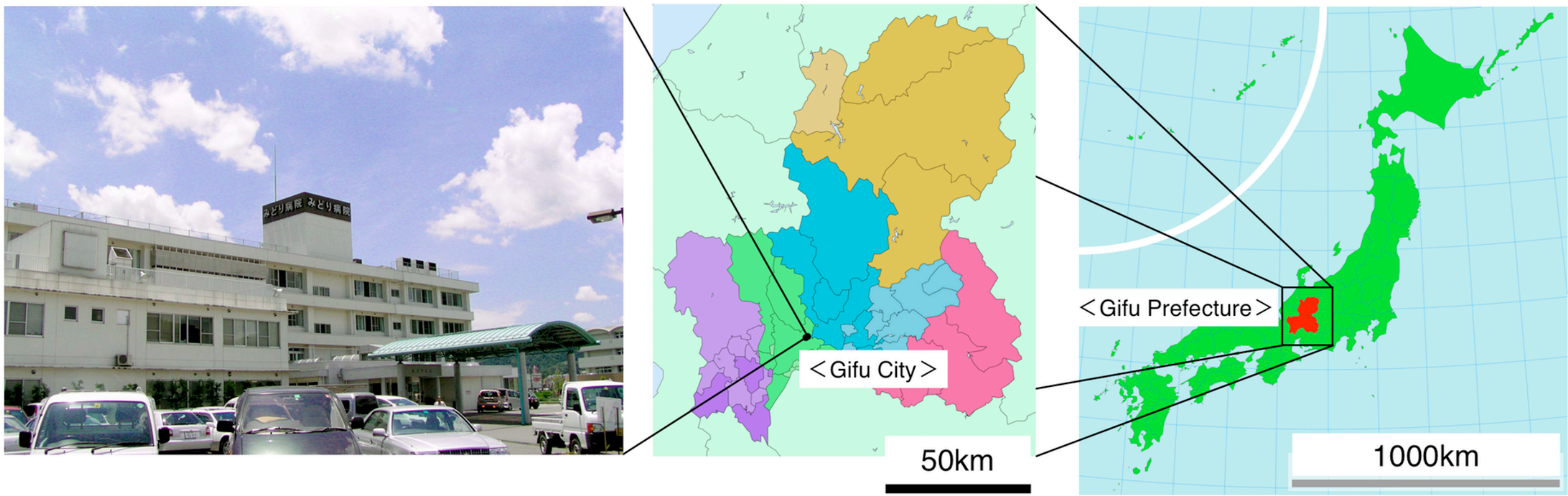


# 2015PENSA

## Explain our NST activity to a patient, the family or medical student using a movie sharing site

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In a local convalescent hospital, it is hard to explain about Nutrition Support Team(NST) members role only by word (or manual of the document) to a patient, the family or medical student.

<http://www.youtube.com/user/midorihp>



We filmed and make a movie of the activity contents of NST and allowed to use it for explanation.

Most people have a own smartphone : they can easily and freely access to the internet, so we have to make good use of a movie sharing site ; YouTube, and devised to explain of NST role anytime anywhere.

In our hospital by tradition, pharmacist is responsible for the core in each committee and activities, so these contents are photographed and edited by pharmacist (without incurring the cost).



1. Introduce our activity by videos (Hospital PV, NST, Doctor, Hospital Pharmacist, Pattern of triage training).



2. When you administration of tablets or capsules by PEG or tube in patients with dysphagia, we have best method of administration called "**Simple Suspension Method**".

In order to learn the administration procedure, movie is useful to check repeatedly, we have also used the rookie nurse Orientation.

"Simple Suspension Method" : [This method developed by Naomi Kurata\(Laboraty of Pharmaceutical Science, Showa University School of Pharmacy\).](#)  
→Giving medications to PEG tube without crush the tablet or open a capsule.



3. How to administration of jelly type drug by PEG or tube : we devised to be a paste, and show the administration procedure by movie.